

Title	<i>Enhancing cultural competency in EMDR: Transferable learning from cultural adaptations of the EMDR protocol with children and adolescents in Uganda, East Africa</i>
Presenter	<i>Femke Bannink Mbazzi, PhD, is a psychologist and cultural anthropologist with 18 years' work experience in clinical practice and research in Uganda with a special interest in trauma, disability, and quality of life in children and adolescents.</i>
Date / Time	<i>Thursday 30th June: 6.30pm – 9.30pm</i>

Aims

To consider why, when and how to include cultural adaptations in EMDR

To provide an opportunity for participants to practice with cultural adaptations skills based on their own case material

Objectives

To share experiences of using cultural adaptations with children and adolescents of different cultural backgrounds

To describe protocol adaptations and modifications for use in EMDR treatment with children and adolescents of different cultural backgrounds

To practise with cultural adaptations in small groups

Learning outcomes

Participants will:

Learn about the rationale for using cultural adaptations in EMDR.

Learn when to consider using this approach with children and adolescents.

Learn about the benefits for child and adolescent EMDR clients.

Be introduced to the use of cultural adaptations and modifications of the EMDR protocol for use with EMDR child & adolescent clients and practice how to use these.

Teaching Methodology/Format

Lecture/ Practicum/Discussion

Target Audience

The workshop is intended for those who have completed, as a minimum, EMDR Accredited Training Part 1 and whose core profession qualifies them to work with children and adolescents. It will be of interest and value to those working with clients with different cultural backgrounds, including children of first- and second-generation refugee and migrant families.

How will this presentation develop EMDR practice?

The emphasis in this workshop will be on developing EMDR cultural competence skills in relation to EMDR treatment of children and adolescents.