

# Day One – Friday 21st March 2025

08.30 – 09.00	<b>Registration</b>	
09.00 – 09.30	<b>Welcome Address</b> <b>Kath Norgate</b> - EMDR UK Association President	
09.30 – 10.20	<b>Keynote</b> Understanding Generational Trauma and Black Identity Wounding <b>Aileen Alleyne</b> <b>Chair:</b> Russ Hurn	
<b>10.20 – 10.45</b>	<b>Refreshment Break</b>	
10.45 – 12.30	<b>Workshop 1</b> Complex Issues, Systemic Recovery: EMDR Therapy and Addiction <b>Hope Payson</b> <b>Chair:</b> Alex Button	
<b>12.30 – 13.30</b>	<b>Lunch Break</b>	<b>Exhibitor Stands - Conference Foyer</b>
<b>12.30 – 13.00</b>	<b>Update from the Science &amp; Research Committee</b>	
13.30 – 15.00	<b>Workshop 2</b> Intersections and applications of EMDR and perinatal mental health <b>Mara Tesler Stein</b> <b>Chair:</b> Oenone Dudley	
<b>15.00 – 15.20</b>	<b>Refreshment Break</b>	
15.20 – 15.50	<b>Workshop 2 continued</b> Intersections and applications of EMDR and perinatal mental health <b>Mara Tesler Stein</b> <b>Chair:</b> Oenone Dudley	
16.00 – 17.30	<b>Workshop 3</b> Why therapists aren't delivering the EMDR evidence base, and how to put it right <b>Matt Wesson</b> <b>Chair:</b> Phillip Andrews	
17.30	<b>Drinks Reception &amp; Close of Day One</b>	

Whilst at Conference please use the hashtag on social media  
**#emdrukconf**

If you experience any problem during the conference or your needs are not being met, please summon assistance via the room monitors, on site and online, they will immediately arrange for you to speak with a board member.

All delegates are requested to ask questions via the Conference Q&A on their devices.

# Day Two – Saturday 22nd March 2025

09.00 – 10.20	<b>New Patron Keynote Speech</b> <b>Darren McGarvey</b> EMDR, Tauma & Me <b>Chair:</b> Matt Wilcockson	
<b>10.20 – 10.45</b>	<b>Refreshment Break</b>	
10.45 – 11.30	<b>Case Presentation</b> Using EMDR to alter sexual interest towards children <b>Lisa Wright</b> <b>Chair:</b> Colleen Swinden	
11.30 – 12.30	<b>Keynote</b> Working with Dissociation: Optimal Integration of Parts Models <b>Mary Clare de Echevarria</b> <b>Chair:</b> Louise Mackinney	
<b>12.30 – 13.45</b>	<b>Lunch Break</b>	<b>Exhibitor Stands - Conference Foyer</b>
<b>13.00 – 13.45</b>	<b>EMDR Association &amp; AGM</b>	
<b>Workshop 4</b>		<b>C&amp;A Stream - Albert Suite</b>
13.45 - 15.00	Working with Functional Neurological Disorder using EMDR <b>Kate Chartres</b> <b>Chair:</b> Andrew Wilkinson	13.45 - 15.00 Medical Trauma in Children <b>Daniela Lempertz</b> <b>Chair:</b> Katie Peter
<b>15.00 – 15.30</b>	<b>Refreshment Break</b>	
<b>Workshop 5</b>		<b>C&amp;A Stream - Albert Suite</b>
15.30 - 16.45	Enhance the eight phases of EMDR by harnessing the insights of Internal Family Systems (IFS) therapy - to make EMDR a safer and more relational therapy <b>Annabel McGoldrick / Claire van den Bosch</b> <b>Chair:</b> Laura Beech	15.30 - 16.45 Let's Play EMDR: Fundamentals of EMDR with Children, Adolescents and Teens  <b>Annie Monaco / Anne Beckley-Forest</b> <b>Chair:</b> Susan Darker-Smith
16.45– 17.00	<b>EMDR UK President Address</b> <b>Kath Norgate</b>	
<b>17.00</b>	<b>Conference Close</b>	